## **CLAIMS**

What is claimed is:



- 1. A method of reducing cell proliferation or extracellular matrix production in a mammal comprising administering to the mammal a composition comprising a zvegf3 antagonist in combination with a pharmaceutically acceptable delivery vehicle, wherein the zvegf3 antagonist is selected from the group consisting of anti-zvegf3 antibodies, mitogenically inactive receptor-binding zvegf3 variant polypeptides, and inhibitory polynucleotides, in an amount sufficient to reduce cell proliferation or extracellular matrix production.
- 2. The method of claim 1 wherein proliferation of mesangial, endothelial, smooth muscle, fibroblast, osteoblast, osteoblast, stellate, or interstitial cells is reduced.
- 3. The method of claim 1 wherein extracellular matrix production is reduced.
- 4. The method of claim 1 wherein the mammal is suffering from a fibroproliferative disorder of the liver.
- 5. The method of claim 1 wherein the mammal is suffering from a fibroproliferative disorder of the kidney.
- 6. The method of claim 1 wherein the mammal is suffering from a fibroproliferative disorder of bone.
- 7. The method of claim 1 wherein the zvegf3 antagonist is selected from the group consisting of anti-zvegf3 antibodies and inhibitory polynucleotides.
- 8. The method of claim 7 wherein the antagonist is an anti-zvegf3 antibody.



- 9. The method of claim 8 wherein the antibody is a monoclonal antibody.
- 10. The method of claim 7 wherein the antagonist is selected from the group consisting of antisense polymerteotides, ribozyme-encoding polynucleotides, and external guide sequence-encoding polynucleotides.

- A method of treating fibrosis in a mammal comprising administering to 11. the mammal a composition comprising a therapeutically effective amount of a zvegf3 antagonist in combination with a pharmaceutically acceptable delivery vehicle, wherein the zvegf3 antagonist is selected from the group consisting of anti-zvegf3 antibodies, mitogenically inactive receptor-binding zvegf3 variant polypeptides, and inhibitory polynucleotides.
  - 12. The method of claim 11 wherein the fibrosis is liver fibrosis.
  - 13. The method of claim 11 wherein the fibrosis is kidney fibrosis.
- The method of claim 11 wherein the antagonist is an anti-zvegf3 14. antibody.
- The method of claim 14 wherein the antibody is a monoclonal 15. antibody.
- 16. The method of claim 11 wherein the antagonist is selected from the group consisting of antisense patyhucleotides, ribozyme-encoding polynucleotides, and external guide sequence-encoding polynucleotides.
- A method of reducing stellate cell activation in a mammal comprising administering to the mammal a composition comprising a zvegf3 antagonist in combination with a pharmaceutically acceptable delivery vehicle, wherein the zvegf3 antagonist is selected from the group consisting of anti-zvegf3 antibodies, mitogenically inactive receptorbinding zvegf3 variant polypeptides, and inhibitory polynucleotides, in an amount sufficient to reduce stellate cell activation
- 18. The method of claim 17 wherein the stellate cells are liver stellate

cells.